

SCWDC

Ski Club of Washington, DC • www.SCWDC.org • January / February / March 2019 • Volume 86, Number 1

Great Sports for All Seasons!



www.SCWDC.org

PRESIDENT'S MESSAGE



Our ski season is shaping up nicely, with lots of trip signups, early snow at many ski resorts, and favorable weather predictions. We still have openings on several trips, so don't wait too late to sign up. Check the website or our weekly SkiGram newsletter for the latest trip information.

Everyone knows that ski trips and other types of adventure travel involve a certain element of risk.

Each year we have several members and guests who have accidents and injuries or illnesses on our trips, some of which can require emergency medical care and hospitalization. Air travel can also be risky, with weather-related travel disruptions and delays. That is why this year we decided to make affordable trip insurance available on all our flight trips. We now provide comprehensive coverage for medical services, hospitalization, repatriation, travel delays, and lost luggage for only \$20/pp. Additional "cancel for any reason" coverage is available at extra cost for those whose busy schedules may disrupt their travel plans. So, when you register for a trip, check the box for trip insurance --- it's a real bargain! You can also contact our favored vendor [Travel Protectors](#) about additional coverage.

Our current Ski Flight Trips Co-Chair Ken Eng had a first-hand travel experience this summer where trip insurance coverage was a real life saver. You can read about it [HERE](#). Don't let a similar situation ruin your hard-earned vacation! Be safe, stay protected, and enjoy life to the max!

Gary Rubens

Gary K Rubens,
SCWDC President

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www.scwdc.org
SKI CLUB OFFICE: 703-532-7776
scwdc@scwdc.org

MEETINGS

The next series of monthly social meetings will highlight three DC Metro area ski and sports shops, partners at our various membership events.

Note: as of publication time, these meetings are still in the planning stage. Please check <https://scwdc.wildapricot.org/page-18179> for final details as to date, time, location, and special features.

January 7, 2019, 7 p.m., Ski Center LTD (15944 Luanne Dr, Gaithersburg, MD 20877). Pre-meeting Happy hour, 6-7 p.m. at Don Pollo (9083 Gaither Rd, Gaithersburg, MD 20877).

Meet and visit with Ski Center LTD, the relocated, reinvented Ski Center of Washington, DC. Ski Center LTD is one of the go-to places for top grade ski and snowboard equipment, boot fitting, ski tuning, and waxing, as well as other sports equipment and clothing. Ski Center LTD will offer our members an incentive to purchase new skis, or boots, or snowboard equipment. Light refreshments will be offered.

February 7, 2019, 7 p.m., Sun & Ski (final location has yet to confirmed; they have several DC Metro area locations).

Sun and Ski is the reintroduction of the former Ski Chalet. The meeting agenda is to introduce the store's services, product and brand line, and clothing. Sun and Ski will offer our members an incentive to purchase new skis, or boots, or snowboard equipment. Light refreshments will be offered.

March 7, 2019, 7 p.m., Alpine Ski Shop (9629 Fairfax Blvd., Fairfax, VA 22031). Pre-meeting Happy hour, 5:30 p.m. at Fast Eddie's - same shopping center)

COME OUT TO OUR ADJUNCT MEETING LOCATION AND LEARN ABOUT NEW TENNIS EQUIPMENT AND STRINGING TECHNOLOGY.

Are you up on new equipment in tennis? What do you know about strings, stringing, and what's new? Have you ever watched a racket being strung? You will be amazed at the technology and improvements that are out there. You'll get an idea how often your racket should be strung and with what strings and tension.

Manager Tony Horton of Alpine Ski Shop will make a presentation on new tennis equipment and new stringing technology March 1 in Alpine's Fairfax shop. The Fairfax shop is near the Fairfax Racquet Club in the Fairfax Circle Shopping Center. The tennis presentation will be part of the SCWDC's monthly meeting series. There will be refreshments.

The meeting schedule:

- 6:00 p.m. Happy hour at Fast Eddies
- 7:00 p.m. Meet and Greet at Alpine Ski Shop.
- 7:30 p.m. Short business meeting then tennis presentation by Tony





Beaver Creek - Our last ski trip of the year Space available. You can still sign up.

Dates: Saturday March 23 – Saturday March 30

Leader: Pete Campbell 703-532-7776 (day)/pcampbell@scwdc.org

Price: \$2185

Includes:

Direct flights to and from Denver

Bus transfer including grocery store stop

Deluxe condo (two bedroom) accommodations

Ski-in/Ski-out

Too much fun

Go to www.scwdc.org and click on Winter Sports / Ski Flight Trips and select the Beaver Creek trip for details and to sign up OR contact the leader.





SCWDC 2019

East Coast Ski Trips



Canaan Valley SPE Weekend: 1/10 – 1/13/2019, PYOT, Price: \$349, Guest price: \$389, 24 participants. Trip Leader: Kim Williams at kim50ski@yahoo.com

Blackwater Falls XC & Ski Weekend: 1/25 – 1/27/2019, PYOT, Price: \$150. Trip Leader: Louise Svahnqvist at lsvahnqvist@gmail.com

Ski Roundtop SPE: 1/27/2019 (1-day), PYOT, Price: \$80, Guest price: \$87, 20 participants. Trip Leader: Chin Koerner at chin.koerner@novartis.com

Snowshoe Weekend: 2/1 – 2/3/2019, PYOT, Price: \$465, Guest price: \$505, 20 participants (Mtn Lodge). Trip Leader: Tom Kiely at tomkiely@thevetsatty.com

Ski Liberty SPE: 2/3/2019 (1-day), PYOT, Price: \$90, Guest price: \$97, 20 participants. Trip Leader: Louise Svahnqvist at lsvahnqvist@gmail.com

Ski Liberty SPE: 2/10/2019 (1-day), PYOT, Price: \$90, Guest price: \$97, 20 participants. Trip Leader: Lisa Kilday at lakilday@gmail.com

Ski Whitetail SPE: 2/24/2019 (1-day), PYOT, Price: \$92, Guest price: \$99, 20 participants. Trip Leader: Tom Kiely at tomkiely@thevetsatty.com

Seven Springs Weekend: 3/7 – 3/10/2019, PYOT, Price: \$470, Guest price: \$510, 30 participants. Trip Leader: Ron Rolfe at venturifx@aol.com

Sunday River, ME (BRSC): 3/3 – 3/8/2019, Bus, Price: \$960, 24 participants, Trip Leader: SCWDC is working with the Columbia Ski Club (CSC), contact Bill Makowy at wmakowy1@jhu.edu

SPE – You can fine-tune your ski/board techniques with the assistance of our own club instructors, so you can improve your skills as part of the trip!

PYOT – Provide your own transportation. Trips are closer to home and easier to get to by your own car or carpooling, and it reduces the price of the trip.

SOCIAL

Your club's social and cultural committees have had a very active and successful 2018. We have attended Happy Hours, National's Baseball Games, LEDO's (Let's Eat Dinner Out), Wolf Trap Concerts, Embassy tours, Picnic and Crab feasts, City Open Tennis, Oktober fest, Charity events, wine tours, and dancing at the Spanish Ballroom. All events were well appreciated by those of you who participated.

We will continue through the winter to have the monthly Happy Hours, and LEDO's. We are considering a party in the spring, probably in March. Next summer we will have many of the same events that we have held in 2018, but also adding some new ones.

We need your help to plan, organize, and run these events. If you have ideas, or can participate with us in planning and organizing, please contact your Social/Cultural Chairman, Bernie Joiner (703-560-2203, choosri@aol.com). Currently, we especially need help planning the spring party. With your assistance, we can have many successful activities. Without it, we will have none.

Happy Hours

January Happy Hour @ Kilroy's

Date & Time: Thursday, January 17, 5:30 – 8:30 p.m.

Leader: Bob Sobun, 703-503-3294

Location & Directions: Kilroy's Restaurant & Sports Bar
Ravensworth Shopping Center
5250a Port Royal Rd, Springfield, VA 22151
703-321-7733/<http://kilroys.com/>

February Happy Hour @ Wildfire – Tysons NEW

Date & Time: Thursday, February 21, 5:30 – 8:30 p.m.

Leader: Bob Sobun, 703-503-3294

Location & Directions: Wildfire Restaurant
Tysons Galleria, 2001 International Dr, McLean, VA 22102
703-442-9110 /<http://wildfirerestaurant.com/tysons/>

March Happy Hour @ Alley Cat

Date & Time: Thursday, March 21, 5-8 p.m.

Leader: Bob Sobun, 703-503-3294

Location: Alley Cat Restaurant In Landmark Area of
Alexandria (Old Bennigan's)
2 South Whiting St.
Alexandria, VA 22304
703-461-0450 / <http://www.alleycatalexandria.com/>

Directions: I-395, exit onto VA-236 East (Duke Street toward
Landmark), first right on Walker, first right on Stevenson, first
right on Whiting, Restaurant on the right.



LEDO (Let's Eat Dinner Out)

Location: Copperwood Tavern, Village at Shirlington: 4021 Campbell Ave., Arlington, VA 22206, 703 552 8010

Date and Time: Saturday, January 19, 2019, 6:30 p.m.

Copperwood is an American eatery serving farm-to-table, locally-sourced plates plus pub food in a rustic cabin-style atmosphere. Some examples of the dishes include venison meat balls, pork chops, salmon, and farm-raised poultry. There's a nice array of seasonal small plates and sides such as asparagus, mushrooms, goat cheese on toast, and mashed potatoes as well as entrée-sized dinners. You'll enjoy choosing from a selection of 24 craft beers, a good wine list, and 30 small-batch whiskeys. This restaurant has been a popular spot in Shirlington for more than 5 years. Shirlington garages offer free parking. Prices: appetizers, small plates, and main course: \$8 - \$25.

Please RSVP to Julie Carr at schweiz1976@hotmail.com or call her at 703-888-7448 by January 18, 2019.

Location: Bamian Afghan Restaurant, Bailey's Crossroads, 5634 Leesburg Pike, Falls Church, VA 22041, 703-820-7880

Date and Time: Saturday, February 23, 2019, 6:30 p.m.

Bamian is an elegant but homey Afghan restaurant in an easy-to-reach location. Start your eating adventure off with some Afghan appetizers such as hummus with flat bread, traditional soup, and fried stuffed pastry with homemade yogurt. Some of the entrees include beef, chicken or fish kabobs, various vegetarian dishes, including exquisite dumplings. Spicy and non-spicy options available. There is a full bar with wine, beer, and liquor. Be sure to save room for their authentic Afghan desserts. Parking is ample in their surface lot and free. Prices: \$4.95 to \$16.95.

Please RSVP to Julie Carr at schweiz1976@hotmail.com or call her at 703-888-7448 by February 22, 2019.

March 2019 LEDO To Be Determined - check SkiGram.

TEAM SPORTS

Friday Night Bowling

Date and Time: Friday nights 7:30 p.m.

Leader: Pete, pcampbell@scwdc.org / 703-532-7776

Location: Bowl America in Falls Church

Each week we send out an email to see who is interested in bowling on Friday and will reserve the necessary lanes to accommodate. This of course will be dependent on lanes available. That's right, you will not need to commit to bowl every Friday; only those Fridays you want to. Emails will be sent out to all those who are interested in keeping up-to-date on what is going on. Email Pete to get onto the list.



Monday Night Volleyball

Advance reservation not required. Beginners and newcomers always welcome. Two levels of play, social and advanced. Meet afterward for refreshments. We meet every Monday night throughout the year.

Questions: John Henrehan, johnhenrehan@yahoo.com, cell: 202- 438-5640 or Ira Silvergleit, irates@verizon.net, cell: 240-263-8217.

Event Pricing: Member Cost \$5.00 Guest Cost \$8.00

Date & Time: Every Monday night, 6:30 – 9 p.m., September – May (except Memorial Day, Columbus Day, and Labor Day)

Location: Jelleff's Recreation Center, 3265 S Street NW, Washington, just off Wisconsin Ave.



TENNIS



Indoor Tennis Parties (Best Deal in Town)

Ski Club Indoor Tennis parties are held almost every Saturday night from October through April. Tennis parties provide competitive social doubles and mixed doubles, where players enjoy good tennis, mingle, and enjoy a light buffet and beverages.

Who is eligible to attend?

Parties are for adults over 21 years of age who are experienced intermediate players (NTRP 2.5 to 4.5 or higher). If you are not sure of your numerical rating, please review the USTA's National Tennis Rating Program (NTRP) guidelines, (to discuss your level, contact Jack Tarr (jtarr5@verizon.net)). Attendance is typically a mix of active singles and couples from their late 20's to 60's. Parties average 64 players each week, but some have up to 80 in attendance. Male/female split is close to 50/50 at each party. Newcomers and non-SCWDC members are welcome. Non-players are also welcome, just pay \$10 at the door and you can eat, drink, and socialize.

Where & when are the parties held?

Most tennis parties are held at Fairfax Racquet Club in Virginia. Three parties are held at Georgetown Prep Tennis Club in Maryland. Check-in begins at 6:15 p.m., and scheduled tennis play is from 7 p.m. to 11 p.m. Please allow for traffic delays to ensure arrival on time. If you arrive after 7:30 p.m., you may be replaced by a standby, and will forfeit the entire party cost. You can register for each party in advance and pay online. SCWDC members pay \$20, non-members pay \$25.

Sat, January 5
Georgetown Prep Tennis Club
Leader: Phred Pham/asst. Elissa Elan
1346 Madison Street, NW
Washington, DC 20011
202-491-4473
phredpham@yahoo.com

Sat, January 26
Fairfax Racquet Club
Leader: Rachel Zachary/asst. Bryan Odekirk
8020 Merry Oaks Ct.
Vienna, VA 22182
703-447-6142
rzachary1123@cox.net

Sat, January 12
Fairfax Racquet Club
Leader: Lynne Brents/asst. Crystal Pruitt
9730 Kingsbridge Drive, Apt #2
Fairfax, VA 22031
703-909-1961
Lynne.brents@verizon.net

Sat, February 9
Fairfax Racquet Club
Leader: Son Nguyen/asst. Mary Kaye Hrivnak
7409 Dunnington Place
Alexandria, VA 22315
571-379-3609
sonshine2you@yahoo.com

Sat, January 19
Fairfax Racquet Club Sat
Leader: Bonnie Breslar/asst. Trish Mast
9719 Bronte Drive
Fairfax, VA 22032
703-764-0529
mazoey@cox.net

Sat, February 16 - Fairfax Racquet Club, Leader Needed,
contact Casey Tarr, eileentarr1@verizon.net

Sat, February 23 - Leader Needed, Fairfax Racquet Club,
contact Casey Tarr, eileentarr1@verizon.net

ANOTHER BIKE AND BARGE ADVENTURE

THE ROMANTIC RHINE



Date: June 21-29, 2019

Price: Double \$2,975; Single \$3,475

Leader: Trixi Bicknell

Price includes barge cabin with French balcony, bicycle, meals, air, and transfers. Our flight from Dulles to Frankfurt begins in the evening of June 21. We will then transfer to Cologne where we will have a city tour prior to embarking the barge. IT SHOULD BE A GREAT RIDE!!!

Payments: \$300 deposit with signup

NOV.15 \$900

FEB. 15 \$900

APRIL 15 Balance



Bordeaux Wine Region - Bike & Barge Adventure

September 27 - October 8, 2019

From \$1,939 Land Only (Read Trip's Flyer)

Leader: [Frank Peñaranda](#)

The region of Bordeaux, located in sun-drenched south-west France, is the perfect setting for a bike-and-boat tour. Set at the confluence of the Garonne River and the Gironde estuary, it is one of the most prolific and famous wine-growing regions in the world. Caressed by Atlantic breezes, the vineyards that cover the rolling hills of the region have for centuries produced France's most remarkable wines. Appellations such as Saint-Émilion, Pomerol, Sauternes, Médoc and Margaux have made Bordeaux wines world famous.

But this is not just a wine/vineyards tour, it's also a close and personal experience with the cultural environment of this region, both walking and biking. At the region's heart is the cultural center; the city of **Bordeaux**. Once known as the Sleeping Beauty, it stretches along the riverbanks, inviting visitors to savor its grand architecture, tempting cafés, and superb museums. This city sleeps no more! Cruise the French Rivers and bike through vineyards on carefully chosen routes and experience the French Joie de Vivre!

This is a very popular B&B Tour and despite the long lead-time, fills up fast. The biking skills and effort are designed for even the novice. For all the details, and to submit your reservation, please click on the following link to the [Trip's Flyer](#).

All-Inclusive Viking River Cruise - Lyon to Avignon, France



Date: October 19 to October 27, 2019.

Cost: Sign up EARLY for best cabins and rates, starting at \$3,499.

Leader: [Ying Prince](#)

[Cruise the beautiful Rhône River along Lyon, Vienne, Tournon, Viviers, and Avignon in Southern France](#) to discover the spectacular scenery and highlights of Burgundy and Provence. You can experience sights that inspired Cezanne, Van Gogh, and Chagall! Palaces, lavender fields, and Roman ruins are just a few of the sights as you travel from Avignon through parts of Provence. All of that plus the culinary and cultural center of Lyon. AND the best part is that you will be able to savor various French wines including their famous Beaujolais. What could be better?

I know... you're thinking "I have time. I can wait to book this trip." Alas, Viking doesn't operate that way. The cruise line increases prices with time. SO, go to the web and book now. You can't beat the price!

Get friends together for a SUPERCALIFRAGILISTICEXPIALIDOCIOUS time!

SKI CLUB OF WASHINGTON, D.C.

5309 LEE HIGHWAY

ARLINGTON, VIRGINIA 22207

SCWDC MEMBERSHIP APPLICATION FORM

**The Ski Club of
Washington, DC...**

**Great Sports For
All Seasons**

Fill out the the membership application below, and mail it to the Club office at the address indicated. For Family Memberships, spouses, partners, and juniors (age 18 or younger) must reside at same address. Membership term is 12 months from initial signup, and annual renewal date thereafter.

Your membership information is confidential, and will only be visible to Club administrators, unless otherwise specified in your user profile. Your valid email address will serve as your Membership ID, and is used for most member communications, such as confirmation of event registrations and payments, membership renewal notifications, and election notices.

Find us on the web at <https://scwdc.wildapricot.org/>.
Contact the office at 703-532-7776, M-F, 9 AM – 5 PM
Email the office at scwdc@scwdc.org

Please **sign** the application at the bottom & mail a check, payable to **SCWDC** for the correct amount, and this completed application to:

Ski Club of Washington, DC, 5309 Lee Highway, Arlington, VA 22207 (703) 532-7776

_____		_____		_____	_____	_____	
Last Name		First Name		MI	Suffix	Gender (M/F)	
_____				_____		_____	
Address				City / State		Zip	
_____				_____		_____	
E-Mail Address (must be a valid address)				Home Phone		Mobile Phone	
_____		_____		_____	_____	_____	
Spouse/Partner Last Name		First Name		MI	Suffix	Gender (M/F)	
_____				_____		_____	
E-Mail Address (must be a valid address)				Home Phone		Mobile Phone	
_____		_____		_____	_____	_____	
Juniors: (18 or younger)		_____	_____	_____	_____	_____	_____
First Name		Birth Date		First Name		Birth Date	
_____		_____		_____		_____	
Membership type		One Year	Three Year	Five Year			
Single		<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$95.00	<input type="checkbox"/> \$155.00			
Couple/Family		<input type="checkbox"/> \$53.00	<input type="checkbox"/> \$149.00	<input type="checkbox"/> \$245.00			

Release of Liability: By joining **SCWDC** as a member on behalf of myself and all those joining on my membership, I hereby release **SCWDC**, its officers, directors, employee, event leaders and volunteers from any liability, damages, or claims arising from injury or property damage sustained by me related to any **SCWDC** activity or event.
As a member, I will abide by the bylaws and policies of **SCWDC**. View bylaws and policies at <https://scwdc.wildapricot.org>.

Not Valid Unless Signed (hand-written signatures)

Member Signature: _____ Date: ____/____/____

Spouse/Partner Signature: _____ Date: ____/____/____

Total Fee Enclosed \$ _____
Make checks payable to **SCWDC**.

Notes: Contributions or gifts to the **Ski Club of Washington, D.C., Inc.**, a non-profit 501(c)(7) organization, are not deductible as a charitable contribution for Federal Income Tax purposes. Multi-year memberships are non-transferable and non-refundable, and are only good for the term length paid, and must be made in one lump-sum payment.